

Description

Your journal should include an introduction that states:

- 1) where you are interning and provides a brief description of the organization or business's mission
- 2) your schedule (days/hours)
- 3) the due dates for the five journal entries (due dates which you will establish based on your particular schedule).

Your five entries should tell specific stories about the work you are doing, conversations you've had, and/or, things you've observed at your internship site. They should also include your reflections on the meaning and significance of these experiences to you personally and professionally. Please keep a "running" journal that includes your prior entries so that we both witness the evolution of your experience in your internship.

Your entries should be between 300-400 words long. Include a word count in parentheses at the end of your entry.

Here are a series of prompts/questions that may inspire your thinking and writing:

- What surprised you about your internship this week? Why?
- What did you learn at your internship this week that you didn't expect to learn?
- What more or different did you learn about something you sort of already knew this week?
- What disappointed you about your internship this week? Why?
- What did you do at your internship this week that confused you? Why?
- What did you do at your internship this week about which you feel proud? Why?
- Pick something you wrote at your internship this week, copy and paste it into your post, and write about the writing process you went through when composing that document.
- What is something your supervisor said at your internship this week that struck you as interesting? What made this interesting?
- Did you have a significant conversation this week about your internship with a co-worker, friend, or supervisor? What made it significant?

Due Dates

Journal 1: Due after completing 16 hours of your internship.

Journal 2: Due after completing 32 hours of your internship.

Journal 3: Due after completing 64 hours of your internship.

Journal 4: Due after completing 80 hours of your internship.

Journal 5: Due after completing at 100 hours of your internship.

Submission Process

Internship Journal

Please email your journal in a word document to me: kmack@uccs.edu.